

Name:Dr. SUMATHI G N

Designation:ASSOCIATE PROFESSOR

Qualification:B.Tech, MBA, MPhil, PhD

Interest areas:Human resource management practices, Occupational health, Leadership, Stress Management, Emotional Intelligence, Employee- Organization relationship, Work- life balance, Research methods, Public health, Emotions in the workplace

Brief Introduction about yourself:

Sumathi G N is an Associate Professor at VIT Business School in VIT University. Her publications include research articles on human resource management practices, employee- organization relationship, work-life balance and public health. Her research focuses on organizational practices that would help employees to achieve work-life balance and greater performance. Her work also focuses on workplace stressors of emergency workers and adverse health effects in children due to consumption of food, beverage and supplement. She also empirically explores the role of perceived organizational support in achieving positive employee outcomes and organizational outcomes.

Professor Sumathi has almost 5 years' experience in teaching management and engineering students. Before joining VIT, she worked at Anna University, Chennai. She teaches organizational behaviour, organizational change and development, stress management, human resource management, knowledge management and soft skills development. She also teaches engineering students who aspire to improve their ability to deal effectively with difficult interpersonal situations.

She has earned PhD in Management from IIT Madras and also earned MBA from School of Management, Pondicherry University and Bachelors in Textile Technology from A.C. Tech, Anna University. She is a JRF award recipient and qualified in NET examination.